

GRANT W. STEPHENS, LMT

FLA. LICENSE #: MA 70546

NM LICENSE #: MT-2024-0034

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EDUCATION

MESSAGE THERAPY PROGRAM (2012)

SUNSTATE ACADEMY, CLEARWATER, FLORIDA

BACHELOR OF ART, Art (2005)

FLORIDA GULF COAST UNIVERSITY, FT. MYERS, FLORIDA

ASSOCIATE OF SCIENCE, Fine Art (2002)

FLORIDA SCHOOL OF THE ARTS, ST. JOHNS RIVER COMMUNITY COLLEGE, PALATKA, FLORIDA

PROFESSIONAL EXPERIENCE

MESSAGE THERAPIST – Private Practice, Tampa Bay Area, FL (8/2022 – 5/2024) Performed Massage services utilizing many modalities including Swedish, Deep Tissue, Lymphatic Drainage, cupping, hydrotherapy, stone, light therapy, stretching, aromatherapy. Other Duties include session notes and record keeping, scheduling, bookkeeping and accounting, advertising/marketing, purchasing and inventory of materials and supplies used, adherence to health and safety protocols consistent with Massage Therapy treatments.

MESSAGE THERAPIST – HAND AND STONE MASSAGE AND FACIAL SPA, PALM HARBOR, FL (10/2012 – 8/2022) PERFORMED 50- & 80-MINUTE ROUTINES CONSISTING OF RELAXATION, DEEP TISSUE, HOT & COLD STONE MASSAGE, AROMATHERAPY, AND FOOT SCRUB TREATMENTS. OTHER VARIOUS SPA-RELATED DUTIES ARE PERFORMED THROUGHOUT A SHIFT.

FREELANCE PHOTOGRAPHER – ASCENSION IMAGES (12/2005-1/2012) CONTRACTS INCLUDED: COMMERCIAL/ADVERTISING PHOTOGRAPHER (1/2007 – 1/2012) ST. PETERSBURG TIMES. SPORTS PHOTOGRAPHER (8/2007 – 7/2009) LOCALREPLAY.COM – VARIOUS LOCATIONS. PHOTO INSPECTOR (8/2007 – 7/2008) NATIONS REAL ESTATE SERVICES – PINELLAS AND PASCO CO., FLORIDA.

MODALITIES I CAN PERFORM

SWEDISH/RELAXATION, TRIGGER POINT THERAPY, SPORTS/FITNESS/STRETCHING, AROMATHERAPY, STONE, REFLEXOLOGY, CUPPING THERAPY, LYMPHATIC MASSAGE, MYOFASCIAL RELEASE, MUSCLE ENERGY TECHNIQUE, CHAIR MASSAGE, LIGHT THERAPY

CONTINUING EDUCATION COMPLETED INCLUDE COURSES ON MYOFASCIAL RELEASE, REFLEXOLOGY, CUPPING THERAPY, AROMATHERAPY, SPORTS MASSAGE, HOT STONE MASSAGE, HEADACHES, AND SPA OPTIONS.

INSURED BY ABMP (PROFESSIONAL LEVEL – MEMBER ID: 837190)

REFERENCES CAN BE FURNISHED UPON REQUEST